



# AUGUST

ESSENTIAL PLAYZONE TUTORIAL CENTER **AUGUST NEWS 2017**

## **What's new at The Zone?**

*"Painting with a Twist" is August ,2017 at "The Zone", from 5pm-7pm. Regular hours proceed August 3, 2017.*

Fall Hours:

- M-Thur. 4pm-9pm
- Closed Fridays
- Saturday Appointment only
- Closed Sundays

## Why Choose The Essential Playzone?

**Answer One:** Because like Maya Angelou *"We've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."* We intend to make you feel welcomed and at home.

**Answer Two:** Because *"Nothing will work unless you do."* We encourage students to build consistency.- Maya Angelou

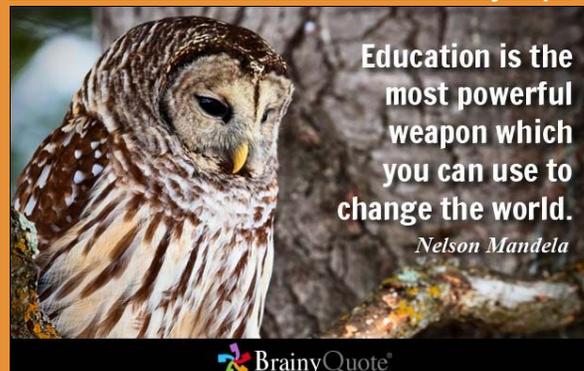
**Answer Three:** Because we help to produce positive attitudes, so if *"you don't like something, change it. If you can't change it, change your attitude."* - Maya Angelou



## Exercise your Brain:

1. Test your Recall. Make a list — of anything that comes to mind — and memorize it.
2. Let the music play.
3. Do math in your head.
4. Refine your hand-eye abilities.
5. Challenge your taste buds.

<http://www.everydayhealth.com/longevity/mental-fitness/brain-exercises-for-memory.aspx>



BrainyQuote



**Thank you, to our families and friends who have donated and supported us over these last few years by participating in our events, such as our: Painting with a Twists, End of the Year Party, Vision Board, and Poetry Slam to name a few.**

\* **Tutoring tip: Read, it always exercises the brain. No matter how much stress you have at work, in your personal relationships, or countless other issues faced in daily life,. It all just slips away when you lose yourself in a great story.**

<http://www.lifehack.org/articles/lifestyle/10-benefits-reading-why-you-should-read-everyday.html>

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**Summer Bootcamps still occurring.**

**IMPORTANT!!**

**Our Hours will go back to normal .**

**August 3,2017.**

**Mon.-Thur.-**

**4pm-9pm**

**Fri. - CLOSED**

**Sat.- Appointments Only**

**Sun.- CLOSED**

***"My mission in life is not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor, and some style."***

**--Maya Angelou**